



# ELLA BAKER

2ND DAN BLACK BELT

**2023:**  
South Coast Open Championship – 3rd (Traditional Individual)  
Sydney Taekwondo Festival – 2nd (WT Individual), 3rd (Traditional Individual), 1st (Pairs)  
Oceania Open Championship  
WT Presidents Cup Oceania  
NSW State Championship – 2nd (Traditional Individual)

**2024:**  
Sydney Taekwondo Festival – 2nd (WT Individual), 3rd (Traditional Individual)  
ASMA Open – 1st (WT Individual), 1st (Traditional Individual)

## PROFILE

Ella commenced at LTA in 2016 and became an instructor in 2020. Her passion is Poomsae and has competed in local, interstate and international Poomsae competitions over the past few years including the Sydney Taekwondo Festival, Oceania Poomsae Championships, South Coast Taekwondo Competition and WT Presidents Cup Oceania.

When not at Taekwondo Ella also enjoys playing competitive netball, coaching an intermediate club netball team and working her casual job, whilst keeping up with her studies at school.

## COMPETITION EXPERIENCE

**2018:**

ASMA Spring Open – 2nd (Pairs)

**2019:**

Sydney Taekwondo Festival – 1st (Traditional Individual), 1st (Pairs)

**2020:**

ACT Online Poomsae Competition – 1st (Traditional Individual)

**2021:**

Spring Competition – 1st (Traditional Individual), 2nd (Pairs)

National Poomsae Championship – 4th (Traditional Individual)

**2022:**

Spring Competition – 1st (Traditional Individual), 1st (Pairs)