

LTA - CLASS TIMETABLE - TERM 4 - 2026



MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
	4:15 – 4:45 PM PANDAS 3, 4, 5 yrs	4:15 – 4:45 PM PANDAS 3, 4, 5 yrs			09:00 - 10:00 AM POOMSAE / PATTERNS (ALL) Specific for Competition (ALL)
4:45 - 5:30 PM TIGERS 6, 7, 8 yrs	4:45 - 5:30 PM DRAGONS 9, 10, 11 yrs	4:45 - 5:30 PM TIGERS 6, 7, 8 yrs	4:45 - 5:30 PM TIGERS - DRAGONS 6, 7, 8, 9, 10, 11 yrs	4:45 - 5:30 PM FAMILIES MIXED ALL	COMMUNITY BASED PROGRAMS
5:30 - 6:15 PM FAMILIES MIXED ALL	5:30 - 6:15 PM CADETS - JUNIORS - ADULTS MIXED - ALL	5:30 - 6:15 PM * KYORUGI / SPARRING Specific for Competition (ALL)	5:30 - 6:15 PM CADETS - JUNIORS - ADULTS MIXED - ALL		LTA CLOSED In 2026
MAKE UP CLASSES MUST BE BOOKED & SHOULD BE TAKEN WITHIN 2 WEEKS OF THE CLASS MISSED	6:15 - 7:15 PM BROWN & * BLACK BELTS	6:15 - 7:00 PM * WOMEN ONLY KICK-FIT ALL AGES	CLASSES RUN AS NORMAL THROUGHOUT THE SCHOOL HOLIDAYS - A SCHOOL HOLIDAY PROGRAM MAY BE CONDUCTED DURING THESE TIMES - PLEASE ENQUIRE AT RECEPTION		JANUARY = Monday 26th (Australia Day) MARCH = Monday 9th (Canberra Day) APRIL = Friday 3rd (Good Friday/Easter) = Sat, Sun 4th/5th (Easter Sat/Sun) = Monday 6th (Easter Monday) = Saturday 25th (Anzac Day) JUNE = Monday 1st (Reconciliation Day) = Monday 8th (Kings B'day) OCTOBER = Monday 5th (Labour Day)
BELT TESTING FOR ALL COLOURED BELTS WILL BE CONDUCTED IN THE LAST WEEK OF EACH SCHOOL TERM				LTA is CLOSED FOR 2 WEEKS ONLY OVER XMAS (No Make-up classes for this period & Fees are inclusive of this break)	
AGE DEVELOPMENT - KEY					
TODDLERS 18mths - 3yrs Parents also Assist (TBA)	PANDAS 3, 4, 5 yrs TIGERS 6, 7, 8 Yrs	DRAGONS 9, 10, 11 Yrs CADETS 12, 13, 14 Yrs	JUNIORS 15, 16, 17 Yrs ADULTS 18+		
EXTENTION PROGRAMS (Highlighted in Yellow) Standard Fees Apply	NOTE: A member MUST PARTICIPATE in at least one of the GENERAL classes above each week to gain access to any Extension Program Class HIGHLIGHTED YELLOW. (* = NO Tip is gained for Sparring / Kick Fit classes.)				
BROWN / BLACK BELTS	LTA & KKW Certifications – Black Belt Trial and Full Gradings will be held in JUNE and DECEMBER each year				
LAST CLASS FOR 2026 IS SATURDAY 19TH DECEMBER					
FIRST CLASS BACK 2027 IS MONDAY 4TH JANUARY (Note that fees calculated include this 2 week break)					
MAKE UP CLASSES BOOKED VIA RECEPTION OR EMAIL info@trylta.com.au					
Grand Master Stuart Lee's Contact +61 412 022 941					



SCAN ME
TO
REGISTER

