






		LTA - CLASS TIMETABLE - TERM 4 2025			
MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
	4:15 – 4:45 PM PANDAS 3, 4, 5 yrs	4:15 – 4:45 PM PANDAS	4:15 – 4:45 PM PANDAS		09:00AM - 10:00AM FAMILIES - MIXED - ALL
4:45 - 5:30 PM TIGERS	4:45 - 5:30 PM DRAGONS	4:45 - 5:30 PM TIGERS	4:45 - 5:30 PM DRAGONS	4:45 - 5:30 PM TIGERS - DRAGONS - MIXED	10:00AM - 11:00AM PRIVATE LESSONS (BOOKINGS REQUIRED)
5:30 - 6:15PM FAMILIES MIXED ALL	5:30 - 6:15PM CADETS - JUNIORS - ADULTS MIXED - ALL	5:30 - 6:15PM * <u>KYORUGI / SPARRING</u> Specific for Competition (ALL)	5:30 - 6:15PM CADETS - JUNIORS - ADULTS MIXED - ALL	 CLASSES RUN AS NORMAL THROUGHOUT THE SCHOOL HOLIDAYS - A SCHOOL HOLIDAY PROGRAM MAY BE CONDUCTED DURING THESE TIMES - PLEASE ENQUIRE AT RECEPTION CLOSED FOR 2 WEEKS ONLY OVER XMAS (No Make-up classes for this period & Fees are inclusive of this break)	LTA CLOSED In 2025
6:15 - 7:00PM * <u>MUAY THAI (BEGINNERS)</u> (NON MEMBERS WELCOMED)	6:15 - 7:15PM <u>BROWN &</u> * <u>BLACK BELTS</u>	6:15 - 7:00PM * <u>MUAY THAI (INTERMEDIATE)</u> (NON MEMBERS WELCOMED)			JANUARY = Monday 26th (Australia Day) MARCH = Monday 10th (Canberra Day) APRIL = Friday 18th (Good Friday/Easter) = Sat, Sun 19th/20th (Easter Sat/Sun) = Monday 21st (Easter Monday) = Friday 25th (Anzac DAY) JUNE = Monday 2nd (Reconciliation Day) = Monday 9th (Kings B'day) OCTOBER = Monday 6th (Labour Day)
BELT TESTING FOR ALL COLOURED BELTS WILL BE CONDUCTED IN THE LAST WEEK (FEBRUARY - APRIL - JUNE - AUGUST - OCTOBER - DECEMBER)					
AGE DEVELOPMENT - KEY					
TODDLERS 18mths - 3yrs Parents also Assist	PANDAS 3, 4, 5 yrs TIGERS 6, 7, 8 Yrs	DRAGONS 9, 10, 11 Yrs CADETS 12, 13, 14 Yrs	JUNIORS 15, 16, 17 Yrs ADULTS 18+	MAKE UP CLASSES MUST BE BOOKED & SHOULD BE TAKEN WITHIN 2 WEEKS OF THE CLASS MISSED	
<u>EXTENTION PROGRAMS</u> (Highlighted in Yellow) <u>Standard Fees Apply</u>	<u>NOTE:</u> A member <u>MUST PARTICIPATE</u> in <u>at least one</u> of the GENERAL classes above each week to gain access to any Extension Program Class HIGHLIGHTED YELLOW.* = NO Tips gained for these classes.				
<u>BROWN / BLACK BELTS</u>	LTA & KKW Certifications – Black Belt Trial and Full Gradings will be held in MAY and the DECEMBER each year				
LAST CLASS FOR 2025 IS SATURDAY 20TH DECEMBER - FIRST CLASS BACK 2026 IS MONDAY 5TH JANUARY (Note that fees calculated to include this 2 week break)					
MAKE UP CLASSES BOOKED VIA RECEPTION OR EMAIL info@trylta.com.au					
(Each Term = 10 week program) Introducing the basics of MAUY THAI - for beginners / 13+ years to develop fitness & basic hand, arm & kicking for self confidence and defence)					
					
				SCAN ME TO REGISTER	