

LTA - CLASS TIMETABLE - 2022

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
	09:30 – 10:15 AM (STARTS FEB) TUGGERANONG TODDLERS		09:30 – 10:15 AM (STARTS FEB) TUGGERANONG TODDLERS	FRIDAYs – Bi-Monthly (BELT TESTING - SEE BELOW)	09:00AM - 09:50AM FAMILIES MIXED ALL
4:15 – 4:45 PM PANDAS	4:15 – 4:45 PM PANDAS	4:15 – 4:45 PM PANDAS	4:15 – 4:45 PM PANDAS	4:15 – 4:45 PM PANDAS - MIXED ALL	10:00 - 10:45AM CADETS - JUNIORS - ADULTS KICK-FIT (STARTS FEB)
4:45 - 5:30 PM TIGERS	4:45 - 5:30 PM DRAGONS	4:45 - 5:30 PM TIGERS	4:45 - 5:30 PM DRAGONS	4:45 - 5:30 PM TIGERS - DRAGONS - MIXED	
5:30 - 6:15PM FAMILIES MIXED ALL	5:30 - 6:15PM CADETS - JUNIORS - ADULTS MIXED - ALL	5:30 - 6:15PM TRADITIONAL / COMP TRAINING POOMSAE / PATTERNS	5:30 - 6:15PM CADETS - JUNIORS - ADULTS MIXED - ALL	5:30 - 6:15PM Non Contact KYORUGI / COMP TRAINING	CLASSES RUN AS NORMAL TROUGHTOUT THE SCHOOL HOLIDAYS
6:15 - 7:00 PM CADETS - JUNIORS - ADULTS KICK-FIT	6:15 - 7:00 PM BROWN BELTS BROWN BELTS BLACK STRIPES	6:15 - 7:00 PM CADETS - JUNIORS - ADULTS HAPKIDO	6:15 - 7:15 PM BLACK BELTS	PRIVATE LESSONS ON REQUEST (1 to 1)	LTA's 1st CLASS for 2022 TUESDAY - JANUARY 4TH

AGE DEVELOPMENT - KEY				FRIDAYs – Bi-Monthly (2022 BELT TESTING DATES)	CLOSED Most Public Holidays In 2022
TODDLERS 18months - 3Yrs	PANDAS 3, 4, 5 YRS	TIGERS 6, 7, 8 Yrs DRAGONS 9, 10, 11 Yrs	CADETS 12, 13, 14 Yrs JUNIORS 15, 16, 17 Yrs	25/02/2022 29/04/2022 24/06/2022 26/08/2022 28/10/2022 16/12/2022	JANUARY = Wednesday 26th (Australia Day) MARCH = Monday 14th (Canberra Day) APRIL = Fri 15th, Sat 16th, Monday 18th (Easter) APRIL = Monday 25th (Anzac Day) MAY = Monday 30th (Reconciliation Day) JUNE = Monday 13th (Quees B'day) OCTOBER = Monday 3rd (Labour Day)
EXTENTION PROGRAMS (Highlighted in Yellow)	NOTE: A member MUST PARTICIPATE in at least one of the GENERAL classes above each week to gain access to any Class within the Extension Program HIGHLIGHTED YELLOW.				
SPECIAL NEEDS PROGRAMS	* Special Needs Classes (SNC) for the Development of Gross/Fine Motor Skills Supporting kids with Autism, Cerebral Palsy, etc – 1 to 1 Instruction (Days / Times to Suit). Sessions as appropriate = Simply email info@trylta.com.au for a complementary assessment.				
BROWN / BLACK BELTS	LTA & KKW Certifications – Black Belt Trial and Full Gradings will be held on the 28th May, and the 26th November 2022				
				Pandas = 4:15pm Tigers / Dragons = 5:00pm Cadets, Juniors, Adults = 6:00pm	LAST CLASSES for 2022 SATURDAY - DECEMBER 17TH
					ONLY 2 WEEK BREAK XMAS - NEW YEAR

MAKE UP CLASSES BOOKED VIA RECEPTION OR EMAIL ONLY

SCHOOL HOLIDAY CLINICS WILL BE ADVERTISED 2 WEEKS PRIOR TO COMMENCEMENT DATES (MONDAYS - WEDNESDAYS - FRIDAYS) 9AM - 1PM (BOOKINGS ESSENTIAL)

Private Classes Available On Request With Master Lee - 7th Dan KUKKIWON - 8th Dan JI DO KWAN

(Fully Matted Facility Hire Available) - Schools - Dance Groups - NDIS - Rehabilitation Classes - Seniors - Special Needs - Personal Training - Community Groups - etc, etc...

Bookings - info@trylta.com.au - 2 x Complimentary Classes

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