

2020 CLASS TIMETABLE

(Monday 6th January 2020)



(Bookings Essential, Please call the LTA Office on 6293 3483 and Book your 2 x Complimentary Classes)

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
4:30 - 5:00 PM PANDAS	4:30 - 5:00 PM PANDAS	4:30 - 5:00 PM PANDAS	4:30 - 5:00 PM PANDAS	4:30PM – 5:15PM PANDAS, TIGERS, DRAGONS MONTHLY BELT TESTS <i>* See below dates</i>	9:00 - 9:45 AM MIXED ALL AGES / LEVELS FAMILIES
5:00 - 5:45 PM TIGERS / DRAGONS	5:00 - 5:45 PM TIGERS - DRAGONS	5:00 - 5:45 PM TIGERS - DRAGONS	5:00 - 5:45 PM TIGERS / DRAGONS		
5:45 - 6:30 PM MIXED ALL AGES / LEVELS FAMILIES	5:45-6:30 PM MIXED CADETS & JUNIORS	5:45 - 6:30 PM TRADITIONAL PATTERNS & COMP TRAINING ALL AGES / LEVELS	5:45 - 6:30 PM SPORTS KICKING & COMP TRAINING ALL AGES / LEVELS	5:15 - 6:00 PM MIXED ALL AGES / LEVELS FAMILIES	<div style="border: 1px solid black; padding: 5px;"> Make-up classes are to be booked via Reception Staff or via info@trylta.com.au </div>
6:30 - 7:30 PM CADETS, JUNIORS, ADULTS MIXED Traditional & Sports	6:30 – 7:30 PM CADETS, JUNIORS, ADULTS HAPKIDO	6:30 - 7:30 PM BROWN / BLACK BELTS <i>(Advanced Training)</i>	LTA is closed on Public Holidays including some Saturdays due to long weekends. See Notice Boards for specific details.		

PANDAS 3,4,5 YRS	TIGERS 6,7,8 DRAGONS 9,10,11	CADETS 12,13,14 JUNIORS 15,16,17	GENERAL CLASSES	ALL AGES / FAMILIES	All coloured boxes left are LTAs general classes. Classes highlighted 'yellow' seen below offer further areas of martial arts, sports & fitness practice.
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EXTENTION PROGRAMS (Highlighted in Yellow)	NOTE: A member MUST PARTICIPATE in at least one of the other coloured classes each week to gain access to any Class within the Extension Program HIGHLIGHTED YELLOW .
BELT TESTS = GRADING DATES* PANDAS, TIGERS, DRAGONS	2020 = 31 st Jan, 28 th Feb, 27 th Mar, 24 th Apr, 29 th May, 26 th Jun, 31 st Jul, 28 th Aug, 25 th Sep, 30 th Oct, 27 th Nov, 18 th Dec Note: Cadets, Juniors, Adults Belt Tests will be conducted in CLASS in the 'same week' as dates above.
BROWN / BLACK BELTS ONLY	Advanced Patterns, Break falls, 2 & 1 Step, Self-defence, Breaking, Knife etc for Grading preparations (LTA / KKW Certifications) (Black Belt Gradings are held in May and November)

info@trylta.com.au



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